



Iowa's Perinatal Depression Project **Referral Information**

Updated July 2022

<p>Adair County</p>	<p>Crossroads Behavioral Health Services 1003 Cottonwood Road, Creston IA 50801 Phone: (641) 782-8457 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, Licensed social workers</p>
<p>Adams County</p>	<p>Crossroads Behavioral Health Services 1003 Cottonwood Road, Creston IA 50801 Phone: (641) 782-8457 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, Licensed social workers</p> <p>Crossroads Behavioral Health Services – Satellite Office 905 Benton Avenue, Corning IA 50841 Phone: (641) 782-8457 Hours: Vary by appointment</p>
<p>Allamakee County</p>	<p>Northeast Iowa Behavioral Health 17 Allamakee Street, Waukon IA 52172 Phone: (563) 382-3649 Hours: Vary by appointment Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists</p>
<p>Appanoose County</p>	<p>Optimae Life Services 226 W Main Street, Suite 201, Ottumwa IA 52501 Phone: (641) 216-8227 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Community Health Centers of Southern Iowa 221 E State Street, Centerville IA 52544 Phone: (641) 856-6471</p>

	<p>Hours: Mon-Wed: 7 a.m. to 6 p.m.; Thurs: 7 a.m. to 5 p.m.; Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed therapists, ARNPs</p>
Benton County	<p>ABBE Center for Community Mental Health NOT ACCEPTING NEW CLIENTS AT THIS TIME (7/2022) 309 1st Avenue, Vinton IA 52349 Phone: (319) 472-5226 Hours: Mon, Wed Thurs: 8 a.m. to 4:30 p.m.; Tues: 8 a.m. to 5:30 p.m.; Fri: 8 a.m. to 3:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist</p>
Black Hawk County	<p>Mid-Iowa Family Therapy Clinic, Inc 3275 W 4th Street, Waterloo IA 50701 Phone: (319) 833-0072 Hours: Hours vary Eligibility: Insurance, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists</p> <p>Black Hawk-Grundy Mental Health Center- NOT ACCEPTING NEW CLIENTS AT THIS TIME (7/2022) 3251 W 9th Street, Waterloo IA 50702 Phone: (319) 234-2893 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Pathways Behavioral Services 3362 University Ave Waterloo IA 50702 Phone: (319) 235-6571 Hours: Mon-Thur 8 a.m. -5 p.m. Fri: 8 a.m. to 12 p.m. Eligibility: Insurance Postpartum Depression Specialist: Lindsay Stack Staff: Licensed social workers, Counselors, Psychiatrists, ARNPs</p>
Boone County	<p>YSS 105 S Marshall Street, Boone IA 50036 Phone: (515) 432-7983</p>

	<p>Hours: Mon: 8 a.m. to 7 p.m.; Tues: 8 a.m. to 5 p.m.; Wed, Thurs: 8 a.m. to 6 p.m.; Fri: 8 a.m. to 1 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>
<p>Bremer County</p>	<p>Pathways Behavioral Services 111 10th Street SW, Waverly IA 50677 Phone: (319) 352-2064 Hours: Mon-Wed: 8 a.m. to 6 p.m.; Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, grant available, Postpartum Depression Specialist: Kelly Fisher LMHC Staff: Counselors, Psychiatrists, ARNPs</p> <p>Mercy One Clinic 217 20th Street NW, Waverly IA 50677 Phone: (319) 352-9500 Hours: Mon-Fri: 8 a.m. to 5 p.m. Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed social worker, Licensed therapist, ARNPs</p>
<p>Buchanan County</p>	<p>ABBE Center for Community Mental Health 2349 Jamestown Avenue, Suite 5, Independence IA 50644 Phone: (319) 334-4010 Hours: Mon: 8 a.m. to 5:30 p.m.; Tues, Wed, Thurs: 8 a.m. to 4:30 p.m.; Fri: 8 a.m. to 3:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapist, Licensed social worker</p> <p>Covenant Family Solutions 1655 Blairs Ferry Road, Marion IA 52302 Phone: (319) 261-2292 Hours: Mon, Tues, Wed: 8 a.m. to 7 p.m.; Thurs, Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, ARNPs</p>
<p>Buena Vista County</p>	<p>Seasons Center for Behavioral Health 608 Geneseo Street, Storm Lake IA 50588 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m.</p>

	<p>Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Physicians, Licensed social workers, Licensed therapists, ARNPs</p> <p>Plains Area Mental Health Center 728 Erie Street, Storm Lake IA 50588 Phone: (712) 213-8402 Hours: Mon, Wed, Thurs: 8 a.m. to 5 p.m.; Tuesday: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, ARNPs</p> <p>New Directions Mental Health Counseling PHONE NUMBER DISCONNECTED 808 Michigan Street, Suite A, Storm Lake IA 50588 Phone: (712) 213-7814 Hours: Mon-Thurs: 10 a.m. to 5 p.m.; Fri: 10 a.m. to 2 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed social workers</p>
<p>Butler County</p>	<p>Pathways Behavioral Services 315 N Main St, Allison, IA 50602 Phone: (319) 267-2629 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed social workers, Counselors, Psychiatrists, ARNPs</p>
<p>Calhoun County</p>	<p>UnityPoint Health – Berryhill Center 720 Kenyon Road, Fort Dodge IA 50501 Phone: (515) 955-1717 Hours: Mon-Thurs: 7:30 a.m. to 6:30 p.m.; Fri: 7:30 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs</p>

Carroll County

Seasons Center for Behavioral Health

524 E 7th Street, Carroll IA 51401

Phone: (800) 242-5101

Hours: Mon-Fri: 8 a.m. to 5 p.m.

Eligibility: Insurance, Sliding Fee Scale upon assessment

Postpartum Depression Specialist: None

Staff: Licensed therapists, Licensed social workers

Plains Area Mental Health Center

318 S Maple Street, Suite 2, Carroll IA 51401

Phone: (712) 792-2991

Hours: Mon: 8 a.m. to 8 p.m.; Tues-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m.

Intake M-Th 8am to 3pm and Friday 8am 2pm

Eligibility: Insurance, Sliding Fee Scale upon assessment

Postpartum Depression Specialist: None

Staff: Licensed therapists, Licensed social workers

St Anthony Mental Health Services

405 S Clark Street, Carroll IA 51401

Phone: (712) 794-5435

Hours: Mon-Fri: 8 a.m. to 4:30 p.m.

Eligibility: Insurance, Sliding Fee Scale upon assessment

Postpartum Depression Specialist: None

Staff: Psychiatrist, Licensed therapists, ARNPs

Counseling Services LLC

322 513th Street, Sac City IA 50583

Phone: (712) 662-3222

Hours: Mon-Fri: 9 a.m. to 5 p.m.

Eligibility: Insurance, Sliding Fee Scale upon assessment

Postpartum Depression Specialist: None

Staff: Licensed social workers

Transitional Services of Iowa

300 W Broadway Street, Suite 29, Council Bluffs IA 51503

Phone: (712) 328-3700

Hours: Mon-Thurs: 8 a.m. to 6:30 p.m.; Fri: 8 a.m. to 4:30 p.m.

Eligibility: Insurance, Sliding Fee Scale upon assessment

	<p>Postpartum Depression Specialist: None Staff: Licensed therapists</p> <p>Private Victories Counseling Services, LLC 115 E Lincoln Way, Jefferson IA 50129 Phone: (712) 830-2545 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed therapist</p>
Cass County	<p>Southwest Iowa Mental Health Center 1500 E 10th Street, Atlantic IA 50022 Phone: (712) 243-2606 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 2 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Counselors, Psychologists</p> <p>Therapy Place, Inc 101 E 22nd Street, Atlantic IA 50022 Phone: (712) 254-9018 Hours: Mon-Fri: Hours vary Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychologist, Counselors, Licensed social workers</p>
Cedar County	<p>ABBE Center for Community Mental Health 1039 Arthur Street, Iowa City IA 52240 Phone: (319) 338-7884 Hours: Mon, Tues, Thurs: 8 a.m. to 5 p.m.; Wed: 8 a.m. to 8 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Psychiatrists, Counselors</p>
Cerro Gordo County	<p>YSS 50 N Eisenhower Avenue, Mason City IA 50401 Phone: (641) 423-7362 Hours: Mon-Fri: 8 a.m. to 4:30 a.m. Eligibility: Insurance, Sliding Fee Scale upon assessment</p>

	<p>Postpartum Depression Specialist: None Staff: Counselors</p>
Cherokee County	<p>Plains Area Mental Health Center 900 N 2nd Street, Suite 2, Cherokee IA 51012 Phone: (712) 225-2575 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrists, Psychologists, Licensed social workers</p>
Chickasaw County	<p>Pathways Behavioral Services 111 10th Street SW, Waverly IA 50677 Phone: (319) 352-2064 Hours: Mon-Wed: 8 a.m. to 6 p.m.; Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed social workers, Counselors, Psychiatrists, ARNPs</p>
Clarke County	<p>Crossroads Behavioral Health Services 1003 Cottonwood Road, Creston IA 50801 Phone: (641) 782-8457 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, Licensed social workers</p> <p>Community Health Centers of Southern Iowa 131 W Washington Street, Osceola IA 50213 Phone: (641) 342-9000 Hours: Mon-Thurs: 8 a.m. to 6 p.m.; Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed therapists, ARNPs</p>
Clay County	<p>Seasons Center for Behavioral Health 120 E 5th Street, Spencer IA 51301 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m.</p>

	<p>Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Physicians, Licensed social workers, Licensed therapists, ARNPs</p> <p>Seasons Center for Behavioral Health 201 E 11th Street, Spencer IA 51301 Phone: (712) 262-2922 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists</p> <p>Spencer Psychiatric & Counseling Services 20 W 6th Street, Spencer IA 51301 Phone: (712) 580-3882 Hours: Mon-Thurs: 8 a.m. to 5 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs</p> <p>Northwest Iowa Counseling 20 W 4th Street, Spencer IA 51301 Phone: (712) 262-6111 Hours: Mon, Wed, Thurs: 8 a.m. to 5 p.m.; Tues: 8 a.m. to 6 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers, Counselors</p> <p>Hope Haven 920 S Grand Ave, Spencer IA 51301 Phone: (888) 218-8886 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>
<p>Clayton County</p>	<p>Northeast Iowa Behavioral Health 911 Carter Road NW, Elkader IA 52043 Phone: (563) 382-3649 Hours: Vary by appointment</p>

	<p>Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists</p>
<p>Crawford County</p>	<p>Plains Area Mental Health Center 20 N 14th Street, Denison IA 51442 Phone: (712) 263-6498 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance: Sliding Fee Scale upon assessment Postpartum Depression Specialist: Yes Staff: Licensed therapists, Licensed social workers</p> <p>CCMH Medical Clinic: City Center 115 N 14th Street, Denison IA 51442 Phone: (712) 265-2800 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Physicians, Counselors</p>
<p>Dallas County</p>	<p>Optimae Life Services 513 E 6th Street, Des Moines IA 50309 Phone: (515) 478-1189 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Mid-Iowa Family Therapy Clinic, Inc 20244 141st Street, Perry IA 50220 Phone: (515) 465-5739 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists</p> <p>Eyerly Ball 1301 Center Street, Des Moines IA 50309 Phone: (515) 243-5181 Hours: Mon-Fri: 8 a.m. to 4:30 p.m.</p>

	<p>Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists</p> <p>Genesis Development 610 10th Street, Perry IA 50220 Phone: (515) 465-7541 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed therapists</p>
Davis County	<p>Optimae Life Services 605 E Winfield Avenue, Mount Pleasant IA 52641 Phone: (319) 385-8051 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Mid-Iowa Family Therapy Clinic, Inc 105 S Vine Street, Ottumwa IA 52501 Phone: (641) 683-5993 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists</p>
Decatur County	<p>Community Health Centers of Southern Iowa 302 NE 14th Street, Leon IA 50144 Phone: (641) 446-2383 Hours: Mon, Thurs: 8 a.m. to 6 p.m.; Tues: 7 a.m. to 7 p.m.; Wed: 7 a.m. to 6 p.m.; Fri: 7 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed therapists, ARNPs</p> <p>Community Health Centers of Southern Iowa 802 E Ackerley Street, Lamoni IA 50140 Phone: (641) 784-6162 Hours: Mon, Fri: 9 a.m. to 5 p.m.; Tues-Thurs: 8 a.m. to 6 p.m.</p>

	<p>Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed therapists, ARNPs</p>
Delaware County	<p>ABBE Center for Community Mental Health 721 S 5th Street, Manchester IA 52057 Phone: (563) 927-6700 Hours: Mon, Tues, Friday: 8 a.m. to 4:30 p.m.; Wed: 8 a.m. to 5:30 p.m.; Thurs: 8 a.m. to 3:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychologist, Psychiatrist, Licensed therapists</p>
Des Moines County	<p>Optimae Life Services 823 N 6th Street, Burlington IA 52601 Phone: (319) 237-1732 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Mid-Iowa Family Therapy Clinic, Inc 205 Washington Street, Suite 200, Burlington IA 52601 Phone: (319) 208-1280 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Title 19 Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists</p>
Dickinson County	<p>Seasons Center for Behavioral Health 1401 Hill Avenue, Spirit Lake IA 51360 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Physicians, Licensed social workers, Licensed therapists, ARNPs</p> <p>Plains Area Mental Health Center 710 Lake Street, Spirit Lake IA 51360 Phone: (712) 225-1490 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m.</p>

	<p>Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Hope Haven 920 S Grand Ave, Spencer IA 51301 Phone: (888) 218-8886 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>
Dubuque County	<p>Hillcrest Family Services 200 Mercy Drive, Suite 200, Dubuque IA 52001 Phone: (563) 582-0145 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Counselors</p>
Emmet County	<p>Seasons Center for Behavioral Health 826 N 8th Street, Estherville IA 51334 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
Fayette County	<p>ABBE Center for Community Mental Health 129 S Vine Street, West Union, IA 52175 Phone: (563) 422-5344 Hours: Mon, Wed, Thurs: 8 a.m. to 4:30 p.m.; Tues: 8 a.m. to 5:30 p.m.; Fri: 8 a.m. to 3:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Social workers</p> <p>Northeast Iowa Behavioral Health 36 S Frederick Avenue, Oelwein IA 50662 Phone: (319) 283-5774 Hours: Mon, Tues, Thurs: 7 a.m. to 6 p.m.; Wed: 7 a.m. to 5 p.m.; Fri: 8:30 a.m. to 2:30 p.m.</p>

	<p>Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists</p>
Fremont County	<p>Waubonsie Mental Health Center 216 W Division Street, Clarinda IA 51632 Phone: (712) 542-2388 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists, ARNPS</p>
Greene County	<p>UnityPoint Health – Berryhill Center 720 Kenyon Road, Fort Dodge IA 50501 Phone: (515) 955-1717 Hours: Mon-Thurs: 7:30 a.m. to 6:30 p.m.; Fri: 7:30 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs</p> <p>Private Victories Counseling Services, LLC 115 E Lincoln Way, Jefferson IA 50129 Phone: (712) 830-2545 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed therapist</p>
Grundy County	<p>Black Hawk-Grundy Mental Health Center 3251 W 9th Street, Waterloo IA 50702 Phone: (319) 234-2893 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
Hamilton County	<p>UnityPoint Health – Berryhill Center 720 Kenyon Road, Fort Dodge IA 50501 Phone: (515) 955-1717</p>

	<p>Hours: Mon-Thurs: 7:30 a.m. to 6:30 p.m.; Fri: 7:30 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs</p> <p>YSS 321 W 2nd Street, Webster City IA 50595 Phone: (515) 832-1061 Hours: Mon-Thurs: 8:30 a.m. to 4:30 p.m.; Fri: 8:30 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>
Harrison County	<p>CHI Health Psychiatric Associates 704 N 8th Street, Missouri Valley IA 51555 Phone: (712) 642-2045 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychologists, Licensed social workers, Counselors, ARNPs</p> <p>Heartland Family Services 107 N 4th Avenue, Suite 8, Logan IA 51546 Phone: (712) 644-2946 Hours: Mon, Tues, Thurs: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Counselors</p>
Henry County	<p>Optimae Life Services 509 Avenue F, Fort Madison IA 52627 Phone: (319) 385-2830 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>

<p>Howard County</p>	<p>Northeast Iowa Behavioral Health 112 N Elm Street, Cresco IA 52136 Phone: (563) 382-3649 Hours: Vary by appointment Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists</p>
<p>Humboldt County</p>	<p>UnityPoint Health – Berryhill Center 720 Kenyon Road, Fort Dodge IA 50501 Phone: (515) 955-1717 Hours: Mon-Thurs: 7:30 a.m. to 6:30 p.m.; Fri: 7:30 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs</p> <p>Kossuth Regional Health Center NO NEW CLIENTS AT THIS TIME 1519 S Phillips Street, Algona IA 50511 Phone: (515) 295-7714 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychologist, Licensed social workers</p>
<p>Ida County</p>	<p>Plains Area Mental Health Center 700 E 2nd Street, Suite 2, Ida Grove IA 51445 Phone: (712) 364-3500 Hours: Mon: 8 a.m. to 7 p.m.; Tues-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
<p>Iowa County</p>	<p>ABBE Center for Community Mental Health 1039 Arthur Street, Iowa City IA 52240 Phone: (319) 338-7884 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Social workers</p>

	<p>Amana Family Practice Clinic 505 39th Avenue, Amana IA 52203 Phone: (319) 622-3231 Hours: Mon, Tues, Thurs: 8 a.m. to 7:30 p.m.; Wed, Fri: 8 a.m. to 12 p.m. Eligibility: Insurance Postpartum Depression Specialist: Yes Staff: Counselors</p> <p>Capstone Behavioral Healthcare 2002 4th Avenue W, Grinnell IA 50112 Phone: (641) 260-8270 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 3 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, PAs</p>
Jackson County	<p>Hillcrest Family Services 200 Mercy Drive, Suite 200, Dubuque IA 52001 Phone: (563) 582-0145 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Counselors</p>
Jasper County	<p>Optimae Life Services 513 E 6th Street, Des Moines IA 50309 Phone: (641) 275-3520 Hours: Mon-Fri: 8 a.m. to 4:30 p.m.- telehealth out of office for Jasper county DM therapists Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Capstone Behavioral Healthcare 1123 1st Avenue E, Suite 200, Newton IA 50208 Phone: (641) 792-4012 Hours: Mon: 7:30 a.m. to 6 p.m.; Tues-Thurs: 7:30 to 5 p.m.; Fri: 7:30 a.m. to 3 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrists, Licensed therapists, Licensed social workers</p>

<p>Jefferson County</p>	<p>Optimae Life Services 513 E 6th Street, Des Moines IA 50309 Phone: (641) 472-7236 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
<p>Johnson County</p>	<p>ABBE Center for Community Mental Health 1039 Arthur Street, Iowa City IA 52240 Phone: (319) 338-7884 Hours: Mon-Tue-Thur: 8 a.m. to 4:30 p.m. Wed. 8:00 am- 7 pm and Fri 8:00 am- 4pm Eligibility: Insurance, Regional help and 2 interns THE 2 INTERNS WILL BE THERE UNTIL MAY 2023 AND ARE SEEING PATIENTS FOR 10.00 A VISIT Postpartum Depression Specialist: None Staff: Licensed therapists, Social workers</p> <p>UI Women’s Wellness and Counseling Service University of Iowa Hospitals and Clinics 200 Hawkins Drive, Iowa City IA 52242 Phone: (319) 384-5499 Hours: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: Yes Staff: Psychiatrist, Psychologists</p> <p>Covenant Family Solutions 1754 5th Street, Coralville IA 52241 Phone: (319) 261-2292 Hours: Mon-Wed: 8 a.m. to 7 p.m.; Thurs, Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, ARNPs</p>

	<p>Meadowlark Psychiatric Services NO NEW CLIENTS AT THIS TIME 320 West Cherry Street, North Liberty, Iowa 52317 Phone: (319)626-3300 Hours: Mon - Fri: 8 am to 6 pm Eligibility: Insurance, Cash Pay Postpartum Depression Specialist: Yes Staff: Psychiatrists, Psychologists, Licensed therapists, Licensed social workers</p> <p>Pathways Behavioral Services SUBSTANCE ABUSE COUNSELING ONLY 1827 1st Street W, Suite C, Independence IA 50644 Phone: (319) 334-6163 Hours: Mon-Thurs: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists</p>
Jones County	<p>ABBE Center for Community Mental Health 1795 Highway 64E, Office 1272, Anamosa IA 52205 Phone: (319) 398-3652 Hours: Thurs: 9 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Social workers</p>
Kossuth County	<p>Kossuth Regional Health Center 1519 S Phillips Street, Algona IA 50511 Phone: (515) 295-7714 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychologist, Licensed social workers</p>

<p>Lee County</p>	<p>Optimae LifeServices NO NEW CLIENTS AT THIS TIME (7/2022) 509 Avenue F, Fort Madison IA 52627 Phone: (319) 372-3566 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
<p>Linn County</p>	<p>ABBE Center for Community Mental Health 520 11th Street NW, Cedar Rapids, IA 52405 Phone: (319) 398-3562 Hours: Mon, Tues, Thurs: 8 a.m. to 6 p.m.; Wed: 8 a.m. to 8 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Social workers</p> <p>ABBE Center for Community Mental Health 1077 N Center Point Road, Hiawatha IA 52233 Phone: (319) 369-7952 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Social workers</p> <p>Mid-Iowa Family Therapy Clinic, Inc NO NEW CLIENTS AT THIS TIME 7/2022 1660 42nd Street NE, Suite O, Cedar Rapids IA 52402 Phone: (319) 826-3855 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists</p>
<p>Louisa County</p>	<p>Optimae LifeServices 301 W Burlington Avenue, Fairfield IA 52556 Phone: (641) 472-5771 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>

<p>Lucas County</p>	<p>Infinity Health 1711 Osceola Avenue, Suite 115, Chariton IA 50049 Phone: (641) 774-8484 Hours: Mon thru Friday 7 am – 5 PM Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed therapists, ARNPs</p>
<p>Lyon County</p>	<p>Seasons Center for Behavioral Health NO PROVIDER AT THIS LOCATION 315 1st Avenue, Suite 202, Rock Rapids IA 51246 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers</p> <p>Hope Haven 920 S Grand Ave, Spencer IA 51301 Phone: (888) 218-8886 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p> <p>Creative Living Center 1905 10th Street, Rock Valley IA 51247 Phone: (712) 476-5245 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 3 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
<p>Madison County</p>	<p>Crossroads Behavioral Health Services 102 W Summit Street, Winterset IA 50273 Phone: (641) 782-8457 Hours: Mon-Thurs: 8 a.m. to 5 p.m. Friday 8 am-4 pm Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, Licensed social workers</p>

<p>Mahaska County</p>	<p>Capstone Behavioral Healthcare 2002 4th Avenue W, Grinnell IA 50112 Phone: (641) 260-8270 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 3 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, PAs</p>
<p>Marion County</p>	<p>Optimae LifeServices TELAHEALTH FROM DES MOINES ONLY 513 E 6th Street, Des Moines IA 50309 Phone: (641) 205-8501 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Integrative Counseling Solutions 307 E Main Street, Knoxville IA 50138 Phone: (641) 842-4357 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Crossroads of Pella 712 Union Street, Pella IA 50219 Phone: (641) 628-1212 Hours: Mon-Fri: 9 a.m. to 5 p.m. Eligibility: Free Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists</p>

<p>Marshall County</p>	<p>Center Associates 9 N 4th Avenue, Marshalltown IA 50158 Phone: (641) 752-1585 Hours: Mon: 8 a.m. to 6 p.m.; Tues-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance Single case agreement for anyone who needs it Postpartum Depression Specialist: None Staff: Psychiatrists, Licensed therapists, Licensed social workers</p>
<p>Mills County</p>	<p>CHI Health Psychiatric Associates 801 Harmony Street, Suite 302, Council Bluffs IA 51503 Phone: (712) 328-2609 Hours: Mon and Wed: 8 a.m. to 6 p.m. Tues and Thurs: 8 am to 7 pm Friday 8 am to 4 pm Eligibility: Insurance Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed social workers, Counselors</p>
<p>Monona County</p>	<p>Burgess Mental Health 1600 Diamond Street, Onawa IA 51040 Phone: (712) 423-9160 Hours: Mon-Fri: 8:30 a.m. to 5 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists</p>
<p>Monroe County</p>	<p>Infinity Health 117 S Main Street, Albia IA 52531 Phone: (641) 932-2065 Hours: Mon-Thurs: 8 a.m. to 6 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed therapists, ARNPs</p> <p>CHI Health Psychiatric Associates 801 Harmony Street, Suite 302, Council Bluffs IA 51503 Phone: (712) 328-2609 Hours: Mon and Wed: 8 a.m. to 6 p.m. Tues and Thurs: 8 am to 7 pm Friday 8 am to 4 pm Eligibility: Insurance Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed social workers, Counselors</p>

<p>Montgomery County</p>	<p>Waubonsie Mental Health Center 216 W Division Street, Clarinda IA 51632 Phone: (712) 542-2388 Hours: Mon-Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists, ARNPs</p>
<p>Muscatine County</p>	<p>Optimae LifeServices 513 E 6th Street, Des Moines IA 50309 Phone: (515) 283-1230 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
<p>O'Brien County</p>	<p>Seasons Center for Behavioral Health 118 N 2nd Avenue, Sheldon IA 51201 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Physicians, Licensed social workers, Licensed therapists, ARNPs</p> <p>Hope Haven 920 S Grand Ave, Spencer IA 51301 Phone: (712) 262-4157 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p> <p>Creative Living Center 1022 3rd Avenue, Sheldon IA 51201 Phone: (712) 476-5245 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 3 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>

<p>Osceola County</p>	<p>Seasons Center for Behavioral Health 600 9th Avenue N, Sibley IA 51249 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Physicians, Licensed social workers, Licensed therapists, ARNPs</p> <p>Hope Haven 920 S Grand Ave, Spencer IA 51301 Phone: (712) 262-4157 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>
<p>Page County</p>	<p>Waubonsie Mental Health Center 216 W Division Street, Clarinda IA 51632 Phone: (712) 542-2388 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists, ARNPs</p>
<p>Palo Alto County</p>	<p>Seasons Center for Behavioral Health 3201 1st Street, Emmetsburg IA 50536 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists</p> <p>Hope Haven 920 S Grand Ave, Spencer IA 51301 Phone: (888) 218-8886 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>

<p>Plymouth County</p>	<p>Plains Area Mental Health Center 180 10th Street SE, Suite 201, Le Mars IA 51031 Phone: (712) 546-4624 Hours: Mon, Wed, Thurs: 8 a.m. to 5 p.m.; Tues: 8 a.m. to 8 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
<p>Pocahontas County</p>	<p>UnityPoint Health – Berryhill Center 720 Kenyon Road, Fort Dodge IA 50501 Phone: (800) 482-8305 Hours: Mon-Thurs: 8:00 a.m. to 6:30 p.m.; Fri: 8:00 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs, Licensed Therapist</p> <p>Seasons Center for Behavioral Health 147 S Main, Sioux Center IA 51250 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists</p>
<p>Polk County</p>	<p>Optimae LifeServices 513 E 6th Street, Des Moines IA 50309 Phone: (515) 243-3525 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Mid-Iowa Family Therapy Clinic, Inc 3401 106th Circle Urbandale IA 50322 Phone: (515) 254-1556 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists</p>

Eyerly Ball

945 19th Street, Des Moines IA 50314

Phone: (515) 241-0982

Hours: Mon-Fri: 8 a.m. to 4:30 p.m.

Eligibility: Insurance, Sliding Fee Scale upon assessment

Postpartum Depression Specialist: None

Staff: Psychiatrist, Licensed therapists

Therapeia, LLC

9001 Hickman Road, Suite 350, Urbandale IA 50322

Phone: (515) 205-2925

Hours: Mon-Fri: 9 a.m. to 5 p.m.

Eligibility: Insurance

Postpartum Depression Specialist: None

Staff: Licensed social worker

Integrative Counseling Solutions

1200 Valley West Drive, Suite 508, West Des Moines IA 50266

Phone: (515) 267-1340

Hours: Mon-Fri: 8 a.m. to 5 p.m.

Eligibility: Insurance

Postpartum Depression Specialist: None

Staff: Licensed social workers, Licensed therapists

Broadlawns Medical Center

1761 Hickman Road, Des Moines IA 50314

Eligibility: Insurance, Sliding Fee Scale, Title 19

Phone: (515) 282-5695

Postpartum Depression Specialist: Yes

Staff: Licensed Social Worker, psychiatrist, Licensed mental health counselor

<p>Pottawattamie County</p>	<p>Transitional Services of Iowa 300 W Broadway Street, Suite 29, Council Bluffs IA 51503 Phone: (712) 328-3700 Hours: Mon-Thurs: 8 a.m. to 6:30 p.m.; Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists</p> <p>CHI Health Psychiatric Associates 704 N 8th Street, Missouri Valley IA 51555 Phone: (712) 642-2045 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychologists, Licensed social workers, Counselors, ARNPs</p>
<p>Poweshiek County</p>	<p>Capstone Behavioral Healthcare 200 4th Ave W, Grinnell IA 50112 Phone: (641) 260-8270 Hours: Mon-Thurs 8 a.m. to 5 p.m.; Fri: 8 a.m. to 3 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrists, Licensed therapists, Licensed social workers</p>
<p>Sac City</p>	<p>Counseling Services LLC 322 513th Street, Sac City IA 50583 Phone: (712) 662-3222 Hours: Mon-Fri: 9 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers</p>
<p>Scott County</p>	<p>Vera French Community Mental Health Center 1441 W Central Park Avenue Phone: (563) 383-1900 Hours: Mon, Tues, Thurs 8 a.m.- 7 p.m. Wed, Fri 8 a.m. 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrists, Psychologists, Licensed social workers, Counselors, ARNPs</p>

<p>Shelby County</p>	<p>Myrtue Medical Center 1213 Garfield Avenue, Harlan IA 51537 Phone: (712) 755-5056 Hours: Mon, Tues, Thurs: 8 a.m. to 8 p.m.; Wed: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: Yes Staff: Psychiatrists, Licensed social workers, Licensed therapists</p>
<p>Sioux County</p>	<p>Seasons Center for Behavioral Health 147 S Main, Sioux Center IA 51250 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed social workers, Licensed therapists</p> <p>Plains Area Mental Health Center 400 Central Avenue NW, Orange City IA 51041 Phone: (712) 546-4624 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 4 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Hope Haven 1800 19th Street, Rock Valley IA 51247 Phone: (712) 476-2737 Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>

<p>Story County</p>	<p>Optimae LifeServices 513 E 6th Street, Des Moines IA 50309 Phone: (515) 956-2600 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Eyerly Ball 2521 University Blvd, Suite 121, Ames IA 50010 Phone: (515) 598-3300 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists</p> <p>YSS 125 S 3rd Street, Ames IA 50010 Phone: (515) 233-2250 Hours: Mon: 8 a.m. to 7 p.m.; Tues: 8 a.m. to 5 p.m.; Wed, Thurs: 8 a.m. to 6 p.m.; Fri: 8 a.m. to 1 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>
<p>Tama County</p>	<p>Capstone Behavioral Healthcare 200 4th Avenue W, Grinnell IA 50112 Phone: (641) 260-8270 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 3 p.m. Eligibility: Insurance, Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, Pas</p> <p>Center Associates 1309 S Broadway Street, Toledo IA 52342 Phone: (641) 484-5234 Hours: Mon-Fri: 8:30 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Psychiatrists, Licensed therapists, Licensed social workers</p>

<p>Taylor County</p>	<p>Crossroads Behavioral Health Services 1003 Cottonwood Road, Creston IA 50801 Phone: (641) 782-8457 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, Licensed social workers</p>
<p>Union County</p>	<p>Crossroads Behavioral Health Services 1003 Cottonwood Road, Creston IA 50801 Phone: (641) 782-8457 Hours: Mon-Thurs: 8 a.m. to 7 p.m.; Fri: 8 a.m. to 12 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists, Licensed social workers</p>
<p>Van Buren County</p>	<p>Optimae LifeServices 226 W Main Street, Suite 201, Ottumwa IA 52501 Phone: (641) 472-5771 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>
<p>Wapello County</p>	
<p>Warren County</p>	<p>Eyerly Ball 1007 S Jefferson Way, Indianola IA 50125 Phone: (515) 243-5181 Hours: Tues-Thurs: 9 a.m. to 5:00 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Licensed therapists</p>
<p>Washington County</p>	<p>Hillcrest Family Services 2175 Lexington Blvd, Suite 2, Washington IA 52353 Phone: (319) 653-6161 Hours: Mon-Thur: 8 a.m. to 5 p.m. Fri: 8 a.m. to Noon Eligibility: Insurance, Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p>

<p>Wayne County</p>	<p>Infinity Health 102-104 N Franklin Street, Corydon IA 50060 Phone: (641) 872-1750 Hours: Tues, Thurs, Fri: 7 a.m. to 5 p.m.; Wed: 7 a.m. to 5 p.m. Eligibility: Insurance, Title 19, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Psychiatrist, Psychologist, Licensed therapists, ARNPs</p>
<p>Webster County</p>	<p>UnityPoint Health – Berryhill Center 720 Kenyon Road, Fort Dodge IA 50501 Phone: (515) 955-1717 Hours: Mon-Thurs: 7:30 a.m. to 6:30 p.m.; Fri: 7:30 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs</p> <p>Mid-Iowa Family Therapy Clinic, Inc 1426 Central Avenue, Suite B, Fort Dodge IA 50501 Phone: (515) 573-5128 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Title 19 Postpartum Depression Specialist: None Staff: Licensed therapists</p>
<p>Winneshiek County</p>	<p>Northeast Iowa Behavioral Health 905 Montgomery Street, Decorah IA 52101 Phone: (563) 382-3649 Hours: Mon-Thurs: 8 a.m. to 6:00 p.m.; Fri: 8 a.m. to 12:00 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists</p>

<p>Woodbury County</p>	<p>Seasons Center for Behavioral Health 5722 Sunnybrook Drive, Sioux City IA 51106 Phone: (800) 242-5101 Hours: Mon-Fri: 8 a.m. to 5 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Licensed therapists, Licensed social workers</p> <p>Mental Health Associates LLC 2212 Pierce Street, Suite 100, Sioux City IA 51104 Phone: (712) 255-8323 Hours: Mon-Thurs: 8 a.m. to 5 p.m.; Fri: 8 a.m. to 1 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: Licensed therapists</p>
<p>Wright County</p>	<p>UnityPoint Health – Berryhill Center 720 Kenyon Road, Fort Dodge IA 50501 Phone: (515) 955-1717 Hours: Mon-Thurs: 7:30 a.m. to 6:30 p.m.; Fri: 7:30 a.m. to 4:30 p.m. Eligibility: Insurance Postpartum Depression Specialist: None Staff: ARNPs</p> <p>Iowa Specialty Hospital 1316 S Main Street, Clarion IA 50525 Phone: (515) 532-2811 Hours: Mon-Fri: 8 a.m. to 4:30 p.m. Eligibility: Insurance, Sliding Fee Scale upon assessment Postpartum Depression Specialist: None Staff: Counselors</p>